



CARDINAL HAYES HIGH SCHOOL

2024
**OCTOBER
LUNCH MENU**

BREAKFAST



Breakfast Sandwiches, Bagels, Rolls, Croissants, Fruit, Yogurt, French Toast, Breakfast Platters, Cereal, Muffins, Donuts



LUNCH

Pizza, Salad & Sandwich Bar, Chicken Tenders, Fries, Mozzarella Sticks, Hamburgers, Cheeseburgers, Bacon Cheeseburgers, Chicken Sandwich, Jamaican Beef Patties, Chicken Cutlet, Grilled Chicken, Vegetables, Cookies, Brownies, Fruit, Yogurt Parfaits, Snacks, Ice Cream - Assorted Wraps, Sandwiches, Salads & Daily Specials!



****We Accept All Debit/Credit Cards, Apple Pay, MyKidsSpending.com (ID Card) and Cash****

If Your Child Has a Food Allergy or You Have Feedback Please Contact KBastian@lessings.com



	TUESDAY, OCTOBER 1	WEDNESDAY, OCTOBER 2	THURSDAY, OCTOBER 3	FRIDAY, OCTOBER 4
	Buffalo Mac & Cheese Wrap w/ French Fries Rigatoni Bolognese w/ Cheesy Garlic Bread	Chicken Bacon Ranch Panini w/ French Fries Baked Ziti w/ Chicken Cutlet & Garlic Bread	Chopped Cheese w/ French Fries Penne alla Vodka w/ Chicken Cutlet & Garlic Bread	Chicken & Waffles w/ Maple Syrup Rasta Pasta w/ Chicken Cutlet & Garlic Bread FRESHMAN FIELD DAY
MONDAY, OCTOBER 7	TUESDAY, OCTOBER 8	WEDNESDAY, OCTOBER 9	THURSDAY, OCTOBER 10	FRIDAY, OCTOBER 11
Chicken Fajita Wrap w/ French Fries Penne Alfredo w/ Chicken Cutlet & Garlic Bread	Sesame Chicken w/ White Rice Macaroni & Cheese w/ Chicken Cutlet & Garlic Bread	**NO SERVICE** **PSAT TESTING** **NO SERVICE** **PSAT TESTING** **NO SERVICE**	Stewed Chicken w/ Yellow Rice & Beans Rigatoni Bolognese w/ Garlic Bread	Baked BBQ Chicken w/ Mashed Potatoes Baked Ziti w/ Chicken Cutlet & Garlic Bread
MONDAY, OCTOBER 14	TUESDAY, OCTOBER 15	WEDNESDAY, OCTOBER 16	THURSDAY, OCTOBER 17	FRIDAY, OCTOBER 18
 HAPPY COLUMBUS DAY	General Tso's Chicken w/ White Rice Rasta Pasta w/ Chicken Cutlet & Garlic Bread	Assorted Paninis w/ French Fries Penne alla Vodka w/ Chicken Cutlet & Garlic Bread OPEN HOUSE	Philly Cheesesteak w/ French Fries Penne Alfredo w/ Chicken Cutlet & Garlic Bread	Chopped Cheese Wrap w/ French Fries Macaroni & Cheese w/ Chicken Cutlet & Garlic Bread
MONDAY, OCTOBER 21	TUESDAY, OCTOBER 22	WEDNESDAY, OCTOBER 23	THURSDAY, OCTOBER 24	FRIDAY, OCTOBER 25
Chipotle Chicken Burritos w/ French Fries Baked Ziti w/ Chicken Cutlet & Garlic Bread	Sweet Chili Chicken w/ White Rice Penne Alfredo w/ Chicken Cutlet & Garlic Bread	Assorted Boneless Wings w/ French Fries Penne alla Vodka w/ Chicken Cutlet & Garlic Bread	Buffalo Mac & Cheese Wrap w/ French Fries Rigatoni Bolognese w/ Cheesy Garlic Bread	Chicken Bacon Ranch Panini w/ French Fries Rasta Pasta w/ Chicken Cutlet & Garlic Bread
MONDAY, OCTOBER 28	TUESDAY, OCTOBER 29	WEDNESDAY, OCTOBER 30	THURSDAY, OCTOBER 31	
Chicken & Waffles w/ Maple Syrup Penne Alfredo w/ Chicken Cutlet & Garlic Bread	Sesame Chicken w/ Fried Rice Macaroni & Cheese w/ Chicken Cutlet & Garlic Bread	Assorted Empanadas w/ Yellow Rice Penne alla Vodka w/ Chicken Cutlet & Garlic Bread SHORTENED DAY (12:31 DISMISSAL)	 Happy Halloween	